

Wellness Summit

Join us for our first annual Wellness Summit to address health care costs and improving employee health and wellness.

Topics & Presenters

Chronic Disease and its Effects on Employers

Michele Kowalski-McGraw, MD - Physician,
Occupational Health Services, Hazleton Health and Wellness Center

Diabetes Management

Ruby Paris, RN, Certified Diabetes Educator, Schuylkill Medical Center

Conducting a Health Risk Assessment (HRA)-How employers can influence the Total Health Care Continuum

David Wuenschel, Vice President, BENECON Benefits and Consulting Group

Adult Asthma Management

Dr Gregory Dobash, Saint Catherine Medical Center - Fountain Springs

Financial Education - How it impacts the physical wellness to your employees

Becky MacDicken Financial Education Specialist, PA Office of Financial Education & Emily Daily, Waddell & Reed

Life Coaching – Topic: “Breathe”

Lynne Miller, RN, MSN, the Chief Administrative Officer of the Hazleton Health and Wellness Center

Reducing Health Care Costs Through Alternative Wellness Programs

Chris Lupp, Aflac Broker Development

WHEN:

Wednesday,
June 3, 2009
10am-4pm

WHERE:

Top of the 80's,
Hazleton

RSVP:

Call 622-0992 or
450-6893

COST:

\$40 Member
\$65 Non Member

SPECIAL ATTRACTION:

AFLAC 99 Carl
Edwards
NASCAR Sprint
Cup Series Car
Weather permitting

Weather permitting the AFLAC 99 Carl Edwards Sprint Cup Series Car will be on display in the parking lot from 10am-2pm.

